

Trinity Times

A newsletter for the members and friends of Trinity Episcopal Church

Trinity Episcopal Church
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Pentecost - October - 2008

Greetings,

I sit at my desk today, listening to the news and wondering what is going to happen next. I'm sure there are many of you doing the same. So many times in life we are faced with circumstances that we cannot control and feel victimized by those circumstances. Often, it is helpful for me to consider whether I am truly informed enough about the news to cause me to worry or even panic. I guess many of us will worry about something anyway. We are good at that.

Sometimes, I'm just truly confused about the message; for with my eyes I see one thing and with my ears, I hear another. And then there is my heart, (oh, and don't forget the gut), where I know something else entirely different.

Life has and will continue to present us with challenges. We know this. We go into this October with many things on our mind. As we are getting ready for the winter to come, we may be doing so with a little more trepidation.

But let's consider what we said last month in the lessons from Apostle Paul and Matthew. They are telling us to keep our focus on the one who will give us strength, Jesus. They are telling us that there is still work to be done, even more so when so many are approaching life wondering how the heat bill will get paid or worse.

We have much to be thankful for and can use what we have to bring God into the lives of those who are in need.

I am finishing this column after going to the clergy retreat and one of the things that struck

me was when the instructor had us stand in a yoga pose and feel our feet rooted on the ground and our "center" as it reached upward.

In all of the confusing messages we receive on earth, if we can find our center and continue to reach heavenward for the answers, we will stay grounded to do the work of Christ.

She also asked us to consider (as we were about to approach a task that meant using fine motor skills), what it would be like to attempt to accomplish this task with our feet rather than our hands; being thankful for the gift of our hands, we went about our task and created. I sit here and type with my fingers, considering how complicated the mechanics of my hands are and know they are a gift, as is our mind, our intellect, our creativity, our bodies as a whole, and yes, even our feet.

For as we have learned in the last few weeks, God means for us to "hit the ground running" and make good things happen.

Circumstances which feel as if they are not within our control usually, at least to some degree, are. We can use the gifts God has given us to help those who need it most.

You know that gut feeling I spoke of is really where God lies within us. If you're feeling in your gut that you should be going to church more often or you should be working at the food pantry or delivering meals for the elderly or working with children in need or any number of other things, you should listen. You're center is being spoken to!

God's Peace, Mother Trula



Trinity Episcopal Church - October 2008

Pentecost

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Blessing of the Animals, October 5! Bring your pets to church!	<i>Trinity Prayer Cycle</i> 10/5 Jon, Wendy, Kim, Kelly & Kate Murray 10/12 Karen Nichols, Cora Orshal, Elizabeth Pashley; 10/19 James, Mary and Andy Patterson; 10/26 Mary Beth, Chandler and Savannah Paul		1 <i>Chris & Heather Hunsinger</i>	2 7 - Pre-Convention meeting, Epiphany, Clark's Summit <i>Tyler Smith</i>	3	4
5 Pentecost 21 - Proper 22 9:00 Holy Eucharist II and Blessing of the Animals UTO Ingathering Coffee Hour <i>Carla Ross, Melanie Wood</i>	6 <i>Audrey Lauren Clare</i>	7 <i>Kathy Patterson Ayres</i>	8	9	10 Diocesan Convention, Reading <i>Brandon Hunsinger</i> <i>Scott Armstrong</i>	11 <i>John Bubniak</i>
12 Pentecost 22 - Proper 23 9:00 Holy Eucharist II 10:00 Coffee Hour	13 <i>Meredith Beck Mentzel</i>	14	15	16 7 p.m. Clergy Bible Study, Christ Church	17 <i>Tom & Kathe Maneval</i>	18 St. Luke the Evangelist
19 Pentecost 23 - Proper 24 9:00 Holy Eucharist II 10:00 Coffee Hour ----Vestry Meets -----	20	21	22 <i>Bob & Barbara Bean</i>	23 St. James of Jerusalem	24	25 <i>Fanna Proper</i>
26 Pentecost 24 - Proper 25 9:00 Holy Eucharist II 10:00 Coffee Hour	27	28	29	30 <i>Don Barton</i>	31	Saturday night: Daylight savings time ends! Sunday: All Saints!

Anglicans Around the World 10/5: The clergy and people of The Church in Wales; 10/12: The clergy and people of the Church of the Province of West Africa; 10/19: The clergy and people of The Church in the Province of the West Indies; 10/26: The clergy and people of The Church of Ceylon

Diocesan Prayer Cycle 10/5: Trinity Church, Mt. Pocono, The Rev. Charles Rice, Interim; 10/12: Episcopal Housing for the Elderly of Allentown, Reading, and Slate Belt; 10/19: Trinity Church, Pottsville, The Rev. James Rinehart, rector; 10/ 26: Trinity Church, West Pittston, The Rev. John Major, rector

Kajo Keji 10/5: Kimu Parish, The Rev. Grace Juru, The Rev. Wilson Lomugun; 10/12: Kinyi'ba Parish, The Rev. Augustino Lubang; 10/19: Kiri Parish, The Rev. Henry Kwanyi; 10/26: Koi'ba Parish, The Rev. John Wani Mulai